EDUCATIONAL SERIES FOR DIVORCING PARENTS

ALTERNATIVE DISPUTE RESOLUTION AND THE CHILD IMPACT SEMINAR

Alternative Dispute Resolution focuses on ways individuals going through divorce can resolve conflicts outside of the courtroom. The Child Impact Seminar provides information to help parents better understand the impact of divorce or custody changes on their children. The seminar teaches skills that will enable parents to make choices and decisions that will be consistent, with emotional and their developmental needs.

SERIES SCHEDULE

The series is presented in two, two-hour sessions or as one, four-hour session. The series is led by a pair of counselors –one male and one female –for classes of up to 25 participants. There is one brief break during each two-hour portion.

Alternative Dispute Resolution content is presented at the beginning of the series and lasts approximately twenty minutes. The remaining course time will focus on the Child Impact Seminar information.

***Please note that this series is not designed to provide legal consultation, mediation or group therapy. ***

CLM Center for Life Management

10 Tsienneto Rd, Derry NH
603.434.1577
www.centerforlifemanagement.org

Topics Covered:

- Alternative methods of litigation
- Range of custodial options
- Talking with your children about divorce
- Learning how children of different age groups respond to divorce
- Learning the stages of grief and helping your children to grieve
- Recognizing behaviors that indicate a problem and learning how to respond
- Co-parenting children after divorce
- Learning why it is important to shield children from parental conflict
- How to separate your emotional needs from those of your children
- Supporting self-esteem in your children
- Communication Skills

Things to Keep in Mind:

- Please do not bring children to class.
- Couples involved in serious conflict should attend separate classes.
- Classes begin on time and participants should arrive 15 minutes early. Late arrivals will not be admitted and fees are non-refundable.
- Upon completion of four hours of class time, you will receive a Certificate of Attendance.
- Courts will be notified of successful Child Impact Seminar completion.

Registration:

Classes are held at **Center for Life Management, 10 Tsienneto Road** in Derry, NH. Pre-registration is required and payment must be received at time of registration. To register, please call **603.434.1577**

Fees:

The cost of the Child Impact Series is $85 per person. A fee reduction will only be considered for those who meet specific financial qualifications.